

Hijamah vs Blood Donation



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When people talk about the health benefits of Blood donation, it is similar to Vene-section (puncturing of veins) which was called FASD in old times. You can read the article Cauterization. The difference between Hijamah & FASD is the blood itself, FASD (Blood Donation) removes fresh blood from the veins; while Hijamah removes the septic blood from underneath the skin.

FASD is helpful for diseases that are cured by extracting out the fresh blood, & those ailments are very few, but Septic blood which is the root cause of many diseases is only drained out by Hijamah. Ibn Al Qayyam wrote that "Cupping extracts the septic blood more efficiently than puncturing the veins". A surprising fact is that the putrefied Hijamah blood can't be donated.

Hijamah is superior to FASD in many aspects, a comparison of FASD & Hijamah by observation is as under.

Issue	Hijamah	Blood Donation (FASD)
Point of suction	From underneath the skin	Taken out from the veins
Smell	Rancid & rotten with a bad smell	Rarely has a bad odor
Color	Reddish brown to black	Reddish
Vision	Enhances the vision	Negligible effect on vision
Cholesterol	Reduces cholesterol, especially Triglycerides	Negligible effect on Cholesterol
Weakness	Induces freshness in the body	Might cause weakness
Migraine & Headache	Head's Hijamah is best for Migraine & headaches	Negligible effect on Migraine / headache
Back pain	Reduces & eliminates the back pain	Can't reduce your back pain

Cervical Spondylosis	At posterior jugulars is the cure for Cervical Spondylosis	No effect on cervical problems
Sehr, Jinn, Evil Eye	Powerful enough to crush spells of Sehr, Jinn & Evil Eye	Can't break the spell of Sehr, Jinn or Evil Eye

Some medical experts recommend donation of blood for good health, & Prophet Muhammad (SAW) recommended Hijamah.

Source: Tibb-e-Nabawi Org

Safa Clinic & Hijamah Center